



Heather Rennie, M.A, M.Sc., RCC, RMFT

Leap of Faith Counselling Services

<https://www.leapoffaithcounselling.com>

COUNSELLING AGREEMENT

Contact Information:

Email (hrennie68@outlook.com) or phone (778-554-5751) are the best ways to contact me. I will return any message by the next business day.

Fees for Office Visits:

Counselling sessions are billed for \$150 (+ GST) per 50- minute session (for individuals) and \$160 (+GST) for couples and families. Payment is expected at the time of service. Cash, cheque, e-transfer or credit/debit card are the usual forms of payment. If you have extended health benefits through your work place, your fees may be fully or partially covered. It is expected that you will bill your insurance provider directly. I will send monthly statements with my registration numbers to assist with this process.

To avoid a cancellation fee, please give at least 24 hours- notice to change or cancel an appointment.

Confidentiality:

All sessions are confidential. I cannot release information without your signed consent. There are however, some exceptions to confidentiality when I am required to disclose information without your signed consent. These are:

- Reporting risk of child abuse or abuse of an elderly person in your care
- Responding to threat of harm to self or other
- When ordered by a court of law
- Case reviews with clinical supervisor (name will not be disclosed)
- When requested by specific funding contract (e.g., ICBC)
- In the event of couples' counselling, information from individual sessions may be used to support the therapeutic goals of the relationship

As a therapist, I have a legal responsibility to comply with provincial laws and notify the proper authorities under these circumstances. However, I will make every effort to make sure your right to privacy is protected and to inform you when possible before any action is considered.

Emergencies after hours:

Please call 911, go to your nearest Emergency Room, or call Fraser Health Crisis Line (604) 951-8855 or 1 (877) 820-7444.